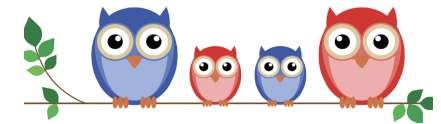


As a Year Six Life Skills Learner I will know...

<p><u><i>Families and Relationships</i></u> That a conflict is a disagreement or argument and can occur in friendships. The concepts of negotiation and compromise. What respect is. That everyone deserves respect but respect can be lost. That stereotypes can lead to bullying and discrimination. That loss and change can cause a range of emotions. That grief is the process people go through when someone close to them dies.</p>	<p><u><i>Citizenship</i></u> That education is an important human right. That our food choices can affect the environment. That the prime minister appoints 'ministers' who have responsibility for different areas, such as healthcare and education. That prejudice is making assumptions about someone based on certain information. That discrimination is treating someone differently because of certain factors.</p>
<p><u><i>Health and Wellbeing</i></u> That vaccinations can give us protection against disease. That changes in the body could be possible signs of illness. That a number of factors contribute to my physical health (diet, exercise, rest/relaxation, dental health). That a habit is a behaviour that we often do without thinking and that we can have good and bad habits. That a number of factors contribute to my mental health (diet, exercise, rest/relaxation). The effects technology can have on mental health.</p>	<p><u><i>Economic Wellbeing</i></u> That there are certain rules to follow to keep money safe in bank accounts. That gambling is a risk where money, or something else, is swapped in the hope of winning something better or more money. That different jobs have different routes into them. That people change jobs for a number of reasons. That banks and organisations such as Citizens' Advice can help with money-related problems.</p>
<p><u><i>Safety and the Changing Body</i></u> That online relationships should be treated in the same way as face to face relationships. Where to get help with online problems. The risks associated with drinking alcohol. How a baby is conceived and develops. How to conduct a primary survey (using DRSABC).</p>	



As a Year Six Life Skills Learner I can...

Families and Relationships

Identify ways to resolve conflict through negotiation and compromise.
 Discuss how and why respect is an important part of relationships.
 Identify ways to challenge stereotypes.
 Explore the process of grief and understanding that it is different for different people.

Citizenship

Explain about environmental issues relating to food.
 Discuss how education and other human rights protect us.
 Identify causes which are important to us.
 Discuss how people can influence what happens in parliament.
 Discuss ways to challenge prejudice and discrimination.
 Identify appropriate ways to share views and ideas with others.

Health and Wellbeing

Consider ways to prevent illness.
 Identify some actions to take if I am worried about my health or my friends' health.
 Identify a range of relaxation strategies and situations in which they would be useful.
 Explore ways to maintain good habits.
 Set achievable goals for a healthy lifestyle.
 Explore my personal qualities and how to build on them.
 Develop strategies for being resilient in challenging situations.

Economic Wellbeing

Recognise differences in how people deal with money and the role of emotions in this.
 Discuss some risks associated with gambling.
 Identify jobs which might be suitable for them.

Safety and the Changing Body

Develop an understanding about the reliability of online information.
 Explore online relationships including dealing with problems.
 Discuss the reasons why adults may or may not drink alcohol.
 Discuss problems which might be encountered during puberty and use knowledge to help.
 Explain how to help someone who is choking.
 Understand how to place an unresponsive patient into the recovery position.