

As a Year Two Life Skills Learner I will know...

Families and Relationships

That families can be made up of different people.
 That families may be different to my family.
 Some problems which might happen in friendships.
 That some problems in friendships might be more serious and needs addressing.
 Some ways people show their feelings.
 How to use good manners.
 Some stereotypes related to jobs.
 That there are ways we can remember people or events.

Citizenship

Some of the different places where rules apply.
 That some rules are made to be followed by everyone and are known as 'laws'.
 Some of the jobs people do to look after the environment in school and the local community.
 How democracy works in school through the school council.
 That different groups of people make different contributions to the community.

Health and Wellbeing

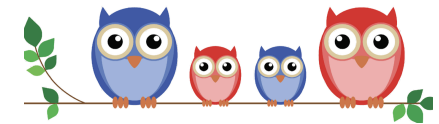
That food and drinks with lots of sugar are bad for our teeth.
 The importance of exercise to stay healthy.
 The balance of foods we need to keep healthy.
 That breathing techniques can be a useful strategy to relax.
 That we can feel more than one emotion at a time.
 To know that a growth mind-set means being positive about challenges and finding ways to overcome them.

Economic Wellbeing

Some of the ways in which adults get money.
 The difference between 'want' and 'need'.
 Some of the features to look at when selecting a bank account.

Safety and the Changing Body

The PANTS rule.
 That I should tell an adult if I see something which makes me uncomfortable online.
 The difference between secrets and surprises.
 The rules for crossing the road safely.
 That medicine can help us when we are ill.
 That we should only take medicines when a trusted adult says we can.
 The names of parts of my body including private parts.



As a Year Two Life Skills Learner I can...

<p><u><i>Families and Relationships</i></u> Understand ways to show respect for different families. Understand that families offer love, care and support. Understand difficulties in friendships and discuss action that can be taken. Recognise how other people show their feelings and how to respond to them. Explore the conventions of manners in different situations Explore how loss and change can affect us.</p>	<p><u><i>Citizenship</i></u> Explain why rules are in place in different settings. Identify positives and negatives about the school environment. Discuss issues of concern to me. Recognise the importance of looking after the school environment. Identify ways to help look after the school environment. Recognise the contribution people make to the local community.</p>
<p><u><i>Health and Wellbeing</i></u> Explore the effect that food and drink can have on my teeth. Explore some of the benefits of exercise on body and mind. Explore some of the benefits of a healthy balanced diet. Suggest how to improve an unbalanced meal. Perform breathing exercises to aid relaxation. Explore strategies to manage different emotions. Develop empathy. Identify personal goals and how to work towards them. Explore the need for perseverance and develop a growth mind-set. Develop an understanding of self-respect.</p>	<p><u><i>Economic Wellbeing</i></u> Identify whether something is a want or need. Recognise that people make choices about how to spend money. Explore the reasons why people choose certain jobs.</p>
<p><u><i>Safety and the Changing Body</i></u> Discuss the concept of privacy. Explore ways to stay safe online. Behave safely near the road and when crossing the road. Explore what people can do to feel better when they are ill. Be safe around medicines.</p>	