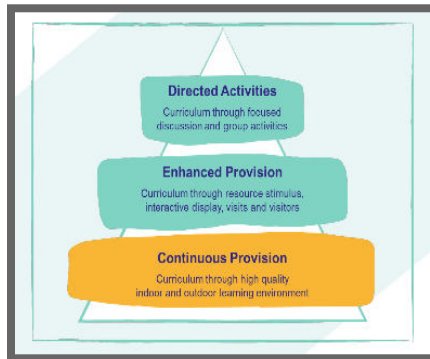




Early Years Curriculum Physical Development

At Victoria Road the Early Years Curriculum is research based, understanding that Birth to 5 is a unique neurological and developmental phase. The curriculum plans for concrete learning experiences, the opportunity to revisit ideas in a variety of contexts and the embedding of learning behaviours which underpin the Characteristics of Effective Learning. In the Early Years learning is not compartmentalised and everything links.



Our Early Years Curriculum is based around the Early Excellence Triangle Model which divides learning into three strands, Continuous Provision, Enhanced Provision and Directed Activities.

In the Early Years children's Physical Development is developed through All Strands of the Curriculum Triangle and is threaded throughout the Early Years Curriculum. Through Directed Teaching children take part in weekly PE lessons. In the provision, children are provided with opportunities for play both in the indoor and outdoor provision, and are given support to develop their core strength, stability, balance and spatial awareness, coordination and agility. Children have daily access to the outdoor provision which encourages gross motor movements through digging in the soil, building and stacking with crates on a large scale, negotiating obstacles, filling and transporting buckets of water, riding a bike and climbing and swinging. Furthermore children have the opportunity to throw and catch, push, pull and roll and carry large resources. This not only supports physical development but encourages children to assess and manage risk. In addition, throughout the provision children are able to develop their fine motor skills. Through repeated opportunities to explore and play with small world activities including block play, jigsaw puzzles, junk modelling, playdough and small construction, with feedback and support from adults children develop proficiency, control and confidence.

Links	ELG: Physical Development	Key Stage 1 National Curriculum
<p>DA</p> <p>CP</p> <p>Block Area</p> <p>Dough Area</p> <p>Sand Area</p> <p>Water Area</p> <p>Small Construction Workshop Area</p>	<p><i>Gross Motor Skills ELG</i></p> <ul style="list-style-type: none"> Negotiate space and obstacles safely, with consideration for themselves and others; Demonstrate strength, balance and coordination when playing; Move energetically, such as running, jumping, dancing, hopping, skipping and Climbing. <i>Fine Motor Skills ELG</i> Hold a pencil effectively in preparation for fluent writing – using the tripod grip in almost all cases; Use a range of small tools, including scissors, paint brushes and cutlery; Begin to show accuracy and care when drawing. 	<p><i>Pupils should be taught to:</i></p> <ul style="list-style-type: none"> Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities Participate in team games, developing simple tactics for attacking and defending Perform dances using simple movement patterns.