

Victoria Road Primary School



P.E. Long Term Plan

Highlighted means with MW Coaching	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2	
	Outdoor	Indoor	Outdoor	Indoor	Outdoor	Indoor	Outdoor	Indoor	Outdoor	Outdoor	Outdoor	Outdoor
Reception	Introduction to PE: Unit 1		Gymnastics: Unit 1		Rugby	Dance	Games: Unit 1	Fundamentals: Unit 1	Games: Unit 2	Fundamentals: Unit 2 (Indoor)	Football	Ball Skills: Unit 1
Year 1	Football	Fitness (Get Set 4 P.E.)	Ball Skills (Get Set 4 P.E. – Sending and receiving)	Gymnastics	Rugby	Dance	Cricket (Get Set 4 P.E. – Striking and fielding)	Boccia (Own Planning)	Athletics	Tennis (Get Set 4 P.E. – Net and Wall)	Team Building (Get Set 4 P.E.)	Target Games (Get Set 4 P.E.)
Year 2	Invasion (Get Set 4 P.E. - Invasion)	Fitness (Get Set 4 P.E.)	Ball Skills (Get Set 4 P.E. – Sending and receiving)	Gymnastics	Rugby	Dance	Cricket (Get Set 4 P.E. – Striking and fielding)	Boccia (Own Planning)	Athletics	Tennis (Get Set 4 P.E. – Net and Wall)	Team Building (Get Set 4 P.E.)	Target Games (Get Set 4 P.E.)
Year 3 2 classes	Football	Fitness (Get Set 4 P.E.)	Hockey (Elm)	Gymnastics	Rugby	Dance	Cricket	New Age Kurling (Own Planning)	Athletics	Tennis	OAA	Netball
Year 4	Football	Fitness (Get Set 4 P.E.)	Hockey	Gymnastics	Rugby	Judo	Swimming	Cricket	Athletics	Tennis	OAA	Netball
Year 5	Football	Fitness (Get Set 4 P.E.)	Hockey	Gymnastics	Rugby	Dance	Cricket	Archery (Own Planning)	Athletics	Swimming	OAA	Netball
Year 6	Football	Fitness (Get Set 4 P.E.)	Hockey	Gymnastics	Rugby	Dance	Cricket	Archery (Own Planning)	Athletics	Tennis	OAA	Netball
											Swimming (additional for non-swimmers)	
Outcomes		Personal Bests				Strictly Victoria Road	Countdown Cricket Competition	Inclusive Competition	Sports Day	Bucket Ball Championships		Handball Tournament

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